

Elements of Motion

Reference

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DESIGN

NAME

DATE

anchor point • composition • ease in / ease out • keyframe • layer • opacity



Composition

After Effects' workspace.
Layers stacked and animated
over a timeline.



Keyframe

Locks a property's value at a
point in time. Two or more, and
AE animates between them.



Ease In / Ease Out

Gradually speeds up or slows
motion instead of abrupt
starts/stops.



Anchor point

The fixed point a layer
rotates/scales around.

Nothing in the real world starts or stops instantly. Linear
keyframes ignore that; eased ones don't.